

CHANGE REQUIRES KNOWLEDGE TRANSFER

Indian farmers increasingly find themselves in a vicious cycle of debt as a result of high production costs, high interest rates, volatile market prices for crops and the rising costs of fuel and commercial seeds. Under such conditions, providing PRASAD Chikitsa staff with up-to-date and relevant information is essential to breaking the poverty cycle. PRASAD Chikitsa teaches farmers to work more efficiently and helps women's groups start kitchen gardens that will bring extra income and food to the family.

EDUCATIONAL OPPORTUNITIES FOR STAFF



[Zero Budget Natural Farming \(ZBNF\)](#)

In September, PRASAD Chikitsa representatives attended a week-long workshop by Subhash Palekar, an agriculturist who has practiced and written many books about Zero Budget Natural Farming (ZBNF), a positive approach to ending a reliance on loans and drastically cutting production costs.



[Government Agricultural Institute - Krishi Vigyan Kendra\(KVK\)](#)

PRASAD Chikitsa staff attended KVK, a government-run research and training Institute, which offers courses such as agronomy, agriculture extension, horticulture, livestock production and home science. The visit generated opportunities for partnerships and joint training in the Tansa Valley, enhancing production and cost-effectiveness.



[Rainwater Harvesting And Soil Conservation - Vanvadi](#)

The importance of soil enrichment, water conservation and the conservation of forests was discussed, in addition to the advantages of using local seeds rather than costly commercial ones.



[Composting – specialist guest](#)

At PRASAD Chikitsa's Gorad Farm, the staff attended a demonstration on compost preparation at zero cost for farmers using locally accessible organic material rather than costly chemical additives and fertilizers. Soil rich in organic matter retains moisture for a long period after the monsoon season, reducing the need for costly irrigation.

**You can help PRASAD Chikitsa !
Make training possible for 25 farmers
for one quarter - \$78**

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