

Building Toilets — Changing Lives

It doesn't get more basic - but in India's Tansa Valley this is news.

Unsafe water, poor sanitation and lack of hygiene are still common causes of illness and death. Many of these diseases are preventable.

'Bang for development buck' investing in water and sanitation is high on the list. The World Health Organisation says that each \$1 invested could yield an economic return of between \$3 and \$34 and save up to \$7.3 billion per year world wide.

Of the 1 billion people in the world who have no toilet, nearly 600 million are in India. It is impossible to keep faeces from crops, wells, food and children's hands. Ingested bacteria and worms spread diseases, especially of the intestine. Diseases which in turn help to explain why rates of child malnourishment in India are not improving faster.

Lack of toilets is also a safety issue for young women who have to leave their homes after dark.

Access is not the only issue. Cultural attitudes are also important, such as seeing toilets as impure, especially when located near the home.

PRASAD Chikitsa has been improving water and sanitation through its model village initiative since 2014. Staff meet with villagers to explain the health and economic benefits of building a toilet - a two soak pit latrine. Each family helped to build one puts in a lot of hard work and some of the materials, which builds their commitment to the change.

Read more at <http://www.prasadaustralia.org/prasad/what-we-do/community-health/#sanitation>

A gift of \$125 means another family can build their own toilet

Donate Now



Villagers lining a toilet soak pit.

www.prasadaustralia.org/prasad/donate/

Mrs Perry Batra, Nandani Village

"every year the rainy season was a curse"

Perry Batra's family live in a rough house outside a tribal village, five km from Ganeshpuri. Her husband left, three of the family have disabilities and her mother is 100 years old. They are very poor. The whole family depends on a small piece of land and scant 'daily wages work' for their livelihood.

Mrs. Batra attended village meetings with staff and asked for help to build a family toilet. She started work, digging the soak pits with the help of her sons. PRASAD provided guidance and building materials in two stages as the work progressed. The family completed it quickly, even her mother helping.

Mrs. Batra said

"Carrying out my family responsibilities is a very tough task. People show sympathy to me, but no one comes forward to support. PRASAD Chikitsa is exceptional.

I am really thankful for their efforts and support which will change our lives."



Like Us On
facebook

PRASAD ©
Australia



"I saw first hand the love and respect"

Long time supporters Jill and Gary Whitley from NSW's South Coast, have volunteered at PRASAD's eye camps, and with the mobile hospital. Jill says:

"....I know that donations are honoured with integrity, and committed wholeheartedly to improving the present welfare and future wellbeing of the people of the Tansa Valley.

I saw first hand the love and respect afforded every patient. The heartfelt responses made me realize what an impact even a small donation can generate. I feel gratitude and love each time I think of the work of PRASAD Oz."

How you can help

- Deworm 100 schoolchildren \$10
- Buy a water filter for a family \$15
- Treat 10 typhoid patients \$50
- Sponsor a family to build their own toilet \$125
- Support a Self-Help Group for a year \$130
- Sponsor Vocational education for one \$1000

Donations are tax deductible

All donations make a difference and are gratefully received. Your ongoing support - from just \$15 per month - help us to sustain, plan and grow this work.

To donate by credit card, transfer or PAYPAL visit

www.prasadaustralia.org

Donate Now



Mrs Asha Kadhav and her nearly finished toilet, Kalmabhon Village.



www.prasadaustralia.org

Take a look at our updated website

It is mobile friendly, receipts donations automatically, and the Facebook feed has photo news from the Tansa Valley.

The PRASAD Project was initiated in 1992 by Gurumayi Chidvilasananda, the spiritual head of the Siddha Yoga path. PRASAD is a philanthropic expression of the SYDA Foundation—the central organization for the Siddha Yoga path. PRASAD's humanitarian work is based on the core values of Siddha Yoga: selfless service, enduring commitment, and respect for all people, regardless of their race or belief.

© 2015 PRASAD® Australia & The PRASAD Project. All rights reserved.

(Swami) CHIDVILASANANDA, GURUMAYI, SIDDHA YOGA are registered trademarks of the SYDA Foundation.

PRASAD® Australia - PO 366, Leichhardt NSW 2040 • prasadau@internode.on.net • www.prasadaustralia.org • ACN 099 466 654
The PRASAD Project NGO in Special Consultative Status with the Economic and Social Council of the United Nations

I would like to give (please tick) \$30 \$50 \$75 \$150 \$300

or \$_____ Donations over \$2.00 are tax deductible.

Make cheque / money orders payable to PRASAD Australia Relief Fund

or Please debit my:

Mastercard Visacard

Card No:

Expires

_____ / _____

Signature _____

Thank you for your support!

My gift to PRASAD® Australia

Name _____

Address _____

Postcode _____

Telephone _____ Email _____

Please contact me to discuss leaving a bequest.

PRIVACY STATEMENT

Details you supply to us are entered into the PRASAD® Australia database. We adhere to the Privacy Act. We do not disclose your information to third parties.

PRASAD